



## Heritage Christian Middle School Athletics Program 2026-27

HCS middle school students have the opportunity to participate in several school sports. We offer co-ed soccer, girls volleyball, boys and girls basketball, and boys and girls track and field. In order to be eligible to play school sports students must meet the following criteria:

- Must have a sports physical performed within the past two years
- Must have a concussion awareness form signed by the student and parent or guardian
- Must remain in good academic standing (no F's in any core classes and a C- average in all classes combined)
- Participation fees per season \$165

You can find the physical and concussion forms on our website under “athletic forms”. You can also ask Coach Wasem to provide these forms. You do not need to use the HCS physical form that is provided. Any physical form from your doctor would be sufficient.

Grade checks will be conducted weekly throughout the season. Students who are struggling academically should proactively speak with Coach Wasem and their teachers if they need help to remain eligible.

### Season Dates

September 1 - October 16:	Co-ed Soccer and Girls Volleyball
October 19 - December 11:	Boys Basketball
January 4 - February 26:	Girls Basketball
March 8 - mid-May:	Track and Field

Seasons consist of 10 games all held during weekdays. Students practice daily from 3:00-4:45 pm unless there is a game.

### Contact Information

If you would like to sign up for any of these sports teams, please contact me via e-mail.

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# EAGLES